

## 2024 Tait Farm Organic Herb & Medicinal Seedlings

### Angelica

Angelica – 365 days; up to 8' tall; leaves and stalks have sweet flavor; biennial, flowers in early spring of the second year; attracts beneficial insects and pollinators; traditionally used medicinally to treat heartburn, intestinal gas, arthritis, insomnia, and more; space plants 12-24" apart in rows 36" apart

### Basil

African Blue – 70-80 days; hybrid; herbaceous and sweet, clove flavor; excellent pollinator; purple flowers make attractive garnishes and cut flowers; edible flowers have intense basil flavor; space plants 4-8" apart in rows 12-24" apart

Lemon –60 days; 20-24" tall; sweet and tangy lemon flavor; commonly used in drinks, salads, soups, pasta, and desserts; edible flowers have intense basil flavor; space plants 4-8" apart in rows 18" apart

Prospera –68-80 days; traditional genovese-type basil with resistance to downy mildew; large, glossy dark green leaves with sweet flavor; uniform and tall; slow to bolt; suitable for container growing; space plants 4-8" apart in rows 12-24" apart

Rutgers Devotion –70-80 days; traditional genovese-type basil with resistance to downy mildew; large-leaved, compact, highly productive; slightly sweet and spicy; space plants 4-8" apart in rows 12-24" apart

Sacred/Holi/Tulsi –60 days; unique, spicy aroma with hints of coffee and chocolate; purple flowers make it beneficial for pollinators and ornamental; resistant to downy mildew; space plants 4-8" apart in rows 18" apart

Sweet Thai –63 days; green, 2" long leaves have a spicy, anise/clove flavor; attractive purple stems and blooms; edible flowers; compact habit, ornamental, good pollinator; space plants 4-8" apart in rows 12-24" apart

### Bay Laurel

Bay Laurel – 2years before leaf harvest; small shrub /tree - up to 50' tall; similar taste to thyme/oregano, herbal and pungent; medicinal, used to create essential oils; space plants 5-20' apart, depending on pruning and desired size/height

## Cardamom

Cardamom – 120-135 days; flavor has notes of pepper, pine, eucalyptus, mint, citrus; pairs well with cinnamon, mint, rice, chai; great as a houseplant or for container gardening; seed pod harvest may not be productive until the 3rd year, hand pick seed pods and allow to dry; space plants 12-24" apart

## Catnip

Catnip – 80 days; gray-green leaves and white flowers; vigorous, high yielding; cat treat as well as a pollinator plant; ornamental and medicinal (used in teas); space plants 18" apart in rows 12-18" apart

## Chamomile

German – 60-65 days; good yields of small, sweet smelling, daisy-like flowers; tea made from the flowers aids digestion and acts as a gentle sleep inducer; hand-harvest flowers or use a chamomile rake; space plants 8" apart in rows 18" apart

## Chives

Chives – 75-85 days; uniform, upright habit; mild, sweet onion flavor; great addition to salads, sauces, soups, stir-fries; popularly used fresh, but freezes well; harvest leaves before flowering begins; space plants 2-8" apart in rows 18" apart

## Cilantro

Leisure – 50-55 days to leaf harvest, 90-105 to seed; standard cilantro; uniform with a zesty and aromatic flavor; resistant to bolting; edible flowers; flowers attract beneficial insects; 2-4" apart in rows 18-24" apart

Santo – 50-55 days to leaf harvest, 90-105 to seed; Standard cilantro; resistant to bolting; flowers attract beneficial insects; seeds are sweet and fresh and can be harvested after they form on the flowers, until they become brown and dry; 2-4" apart in rows 18-24" apart

## Cutting Celery

Cutting Celery – 80-85 days; 18" tall; leafy herb with bold celery flavor; easier to grow than standard celery; versatile ingredient for salads, soups, stews, and vegetable medleys; to harvest, cut the plants 3/4 way down the stems; space plants 6" apart in rows 18" apart

## Citronella

Scented Geranium – 95 days; soft green, deep, crinkle cut, serrated leaves; strong lemon scent, natural bug repellent; edible and ornamental, small pink flowers; Suitable for patio and container gardening; space plants 18 to 24" apart

## Dill

Bouquet – 40-45 days to leaf harvest, 85-105 to seed; aromatic, anise, grassy, slightly sweet flavor; widely grown, good seed and leaf yields; early flowering plants produce large blooms, seed umbels, and foliage on long stems; harvest seed heads just as the seeds begin to turn a golden brown; space plants 2-4" apart in rows 18-24" apart

Greensleeves – 40-50 days to leaf harvest, 90-100 to seed; weet, aromatic flavor fresh or dried; uniform, fast-growing dill variety well-suited for baby-leaf production and fresh bunches; harvest seed heads just as the seeds begin to turn a golden brown; space plants 2-4" apart in rows 18-24"

## Lavender

Ellagance – 100-110 days; first-year flowering lavender; deep purple flowers on large, dense spikes; bushy, uniform, and well-branched; harvest just as the flowers are about to open, hang to dry; 12-18" apart in rows 24-36" apart

Hidcote – 100-110 days; flowers - fruity, aromatic, herbal flavor; gray-green foliage with large, deep purple flowers; extremely fragrant and compact; space plants 12-18" apart in rows 24-36" apart

Munstead – 100-110 days; compact English lavender; compact, bushy habit; bloom colors range from pale blue to dark violet; usually begins flowering in the second year; harvest just as the flowers are about to open, hang to dry; space plants 12-18" apart in rows 24-36" apart

Phenomenal – 100-110 days; silvery foliage with deep purple flowers; use in fresh or dried arrangements, used to make essential oils; edible and ornamental; space plants 12-18" apart in rows 24-36" apart

Royal Velvet – 100-110 days; 3-4" long navy blue and lavender inflorescences; rich fragrance and speedy growth habit; dried flowers hold their dark coloration; space plants 12-18" apart in rows 24-36" apart

## Lemon Balm

Lemon Balm – 70 days; distinct lemon flavor; good pollinator, small white flowers; Medicinal, commonly used in teas and salads; leaves may be picked as soon as the plants have become established; space plants 12" apart in rows 2' apart

## Lemongrass

Lemongrass – 75-85 days; mild citrus, hint of ginger, lemony aromatic grass from India; delicious addition to soups, curries, teas; essential oil can be used for flavorings, perfumes, and insect repellent; space plants 8-12" apart in rows 18" apart

## Lemon Verbena

Lemon Verbena – 60-65 days; bright, sweet, herbaceous lemony flavor; small white flowers; used in jellies, jams, desserts, dressings; medicinal and used to reduce swelling and kill bacteria; space plants 12-18" apart

## Marjoram

Sweet – 80-95 days; flavor and aroma similar to oregano, sweet and balsam-like; pairs well with meat, citrus, mushrooms, and fish; cut entire plants just as they begin to flower, dry, and hang small bunches upside down; space plants 6-8" spacing in rows 18" apart

## Mexican Mint Marigold

Mexican Mint Marigold - 80-90 days; aromatic leaves are a substitute for French tarragon; sweet licorice flavor brightens salads and main dishes; edible golden-yellow flowers bloom all summer; space plants 8-12" apart in rows 18" apart

## Mint

Julep – 70-80 days; 12-18" tall and up to 3' spread; distinct spearmint flavor; great for drinks, produces small white flowers; most suitable for container gardening to prevent unwanted spread; deer resistant; space plants 12-18" apart in rows 18" apart

Mojito – 70-80 days; spicy, warm, and sweet flavor and aroma; excellent for use in cocktails and drinks; vigorous and spreading, most suitable for container gardening; space plants 12-18" apart in rows 18" apart

Peppermint – 70-80 days; classic, pungent peppermint flavor; medicinal and essential oil use; pale lavender flowers, creeping habit; used in teas and iced drinks; space plants 12-18" apart in rows 18" apart

## Oregano

Bellissimo – 80-90 days; ornamental, cascading bracts with bright purple flowers; late summer and autumn blooms; great for container gardening or hanging baskets; space plants 12" apart in rows 18" apart

Greek Mountain – 80-90 days; spicy, pungent, classic oregano flavor; commonly used in Italian cooking; pollinator with small, edible white flowers; attracts beneficial insects; space plants 12" apart in rows 18" apart

Hot & Spicy – 80-90 days; pungent, bold, spicy flavor; commonly used in Mexican dishes; can be used fresh, dried, or frozen; pink blooms attract bees and butterflies; space plants 12" apart in rows 18" apart

Italian – 80-90 days; milder and sweeter than Greek oregano; ornamental and culinary with small white flowers, enjoy fresh or dried; popular choice for container gardening; space plants 12" apart in rows 18" apart

## Parsley

Curly – 75 days; curled-leaf dark green parsley with delicious stems; sweet and mild flavor; uniform growth; holds color in the field without developing white or brown spots; cold tolerant and stands up well to summer heat; space plants 8-12" apart in rows 18-24" apart

Italian Flat Leaf – 70 days; peppery flavor with citrus and clove undertones; stems hold leaves upright for easy bunching; excellent for freezing, drying and fresh eating; space plants 8-12" apart in rows 18-24" apart

## Rosemary

ARP – 80-100 days; lemon, pepper, and pine flavors; more hardy than most rosemary, zones 6-10; stiff upright growth habit; mid-spring display of light blue flowers; drought resistant; space plants 18-36" apart in rows 8-10" apart

Barbeque – 80-100 days; fast growing, upright plant with needle-like foliage; aromatic, savory taste, hints of pine; ornamental and culinary, light blue flowers; suitable for container growing; space plants 18-36" apart in rows 8-10" apart

Gorizia – 80-100 days; pungent, savory flavor; excellent addition to meats, soups, and stews; effective pollinator plant in containers or in landscapes; space plants 18-36" apart in rows 8-10" apart

Mrs. Howard's Creeping – 80-100 days; savory, peppery flavor; large leaves with trailing stems, cascading habit; excellent for container gardening; both ornamental and culinary; white flowers make this a great pollinator; space plants 18-36" apart in rows 8-10" apart

Officinalis – 80-100 days for tips, 120-180 for bunches; 18-60" tall; bold rosemary flavor; edible and ornamental flowers often used fresh as a garnish; space plants 18-36" apart in rows 8-10" apart

Tuscan Blue – 80-100 days; savory, woody, peppery, and sharp flavor; both ornamental and culinary; blue flowers; attractive for water-wise gardens and containers; drought resistant; space plants 18-36" apart in rows 8-10" apart

## Sage

Dwarf – 80-90 days; tightly compact form of the culinary common sage; woody, earthy, peppery, and citrusy flavors; used in dressing, sauces, sausage, and tea; space plants 12" apart, in rows 18" apart

Grower's Friend – 80-90 days; woody, earthy, peppery, and citrusy flavors; culinary and ornamental, deep purple flowers; well suited for container gardening; space plants 12" apart, in rows 18" apart

Officinalis – 80-90 days; common sage; classic sage flavor; woody stems, grayish leaves, and blue to purplish flowers; use fresh or dried; space plants 12" apart, in rows 18" apart

Tricolor – 80-90 days; Savory, slightly bitter, hint of citrus; edible and ornamental with unique and distinctly variegated leaves; light blue flowers make this an attractive pollinator; space plants 12" apart, in rows 18" apart

## Stevia

Stevia – 100-120 days; 18-30" tall, bushy, high-yielding plants; incredibly sweet leaves are an herbal alternative to sugar; use fresh, dried, powdered, or as a liquid to sweeten a variety of foods and beverages; space plants 12" apart, or in a container 14" across

## Summer Savory

Summer Savory – 50-60 days; 5-7" tall; earthy with notes of thyme, marjoram, and mint; pepper flavor adds spice to dishes; ideal for container gardening; long internodes create a tall, somewhat lanky plant; space plants 8" apart

## Tarragon

French – 90 days; soft, strappy, narrow green leaves; flavor similar to anise, licorice, and fennel; addition to sauces, salads, soups, fish, and meats; can be used fresh or dried; space plants 24" apart

## Thyme

English – 90-95 days; 12 inches in height and spread; frost resistant; savory, spicy, sweet, clove-like flavor; use fresh or dried; pairs well with soups, sauces, beans, and meat; space plants 6-8" apart, in rows 12-18" apart

Foxley – 90-95 days; classic flavor, slightly citrusy, and savory; round glossy dark green variegated leaves; Culinary and ornamental, with small pink flowers that bloom May-July; space plants 6-8" apart, in rows 12-18" apart

French – 90-95 days; savory, spicy, sweet, and clove-like flavor; culinary, medicinal, and preservative; small pink flowers that bloom May-July; space plants 6-8" apart, in rows 12-18" apart

Lemon – 90-95 days; minty, earthy, and floral, with subtle lemon flavor; low growing, able to form a groundcover; makes an excellent border plant in a rock garden; drought resistant; space plants 6-8" apart, in rows 12-18" apart

Officinalis – 90-95 days; wide, it is a bushy, woody-based shrub with small, highly aromatic, gray-green leaves and clusters of purple or pink flowers; classic thyme flavor; use fresh or dried; space plants 6-8" apart, in rows 12-18" apart

Silver Edge – 90-95 days; lemony flavor and fragrance; silver edged leaves have a bright white variegation, making this very ornamental; drought tolerant; space plants 6-8" apart, in rows 12-18" apart

Summer – 90-95 days; 6-12' tall; spicy, pungent flavor, one of the most flavorful varieties of thyme; perennial in zones 6-8; versatile and classic culinary thyme; space plants 6-8" apart, in rows 12-18" apart

## Valerian

Common – 500-550 days to root harvest; 48-78" tall; common variety, naturalized in some areas; very intensely herbaceous and oaky; root used for anxiety, insomnia, and pain relief; space plants 12-18" apart, in rows 3' apart